

# Culpepper Garden III

4435 N Pershing Dr. Arlington, VA 2203 | 703) 528 0162 | [www.culpeppergarden.org](http://www.culpeppergarden.org)



## **Celebrating November** **American Indian Heritage** **Month**

**Día de los Muertos**

*November 1*

**World Freedom Day**

*November 9*

**Veterans Day (U.S.)**

*November 11*

**Diwali**

*November 12*

**International Men's Day**

*November 19*

**Thanksgiving (U.S.)**

*November 23*

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**Interim Administrator**

Denise White

[Denise.White@culpeppergarden.org](mailto:Denise.White@culpeppergarden.org)

**Director of Nursing**

Craig Miller

[cmiller@culpeppergarden.org](mailto:cmiller@culpeppergarden.org)

**Dining Services Director**

Jay Adorno

[Jadorno@culpeppergarden.org](mailto:Jadorno@culpeppergarden.org)

**Assistant Director of Nursing**

Nicoline Rodemacher

[nrademacher@culpeppergarden.org](mailto:nrademacher@culpeppergarden.org)

**Resident Service Coordinator**

Renita Payne

[rpayne@culpeppergarden.org](mailto:rpayne@culpeppergarden.org)

**Life Enrichment Coordinator**

Kiarra Clark

[kclark@culpeppergarden.org](mailto:kclark@culpeppergarden.org)



# Caught Being Kind

The residents that were “Caught Being Kind” for the month of October were Rita Brannon and Janet Utmon! Residents that are selfless, helpful, kind, and encouraging to other residents deserve to be recognized for going above and beyond!





## Note from Interim Administrator

Denise White

November is a time for gratitude and giving thanks. I hope you can enjoy these crisp fall mornings and the sights and sounds of the leaves as they fall from the many trees surrounding Culpepper Garden. We will celebrate our veterans on November 11 and enjoy a special Thanksgiving Feast on November 18 prepared by the Culpepper Garden dining services team under the leadership of Jay Adorno, Dining Services Director.

I am thankful to all of you for welcoming me to Culpepper Garden over the last few weeks. Please let me know if you have any questions or concerns. I wish you all a Happy Thanksgiving and hope you know that we are grateful for you every day!

Denise White



## Thanksgiving Feast

The Thanksgiving feast will be held on November 18<sup>th</sup> at the respective lunch time of 11:30 a.m. Family is invited to join this feast with reservation and a meal ticket of \$15. The deadline for this reservation will be Monday, November 13<sup>th</sup>.



## The Emu War

After World War I, Australian veterans were granted land in western Australia for farming. When the Great Depression arrived in 1929, the farmers were encouraged to increase their farms and their wheat crops. Vast tracts of land were cleared, irrigated, and cultivated. In October of 1932, the economic hardship of the Depression was compounded by another disaster, this one in the form of 20,000 emus.



Emus—those large, flightless birds native to Australia—migrate to the coast from the Australian interior after breeding. As the birds migrated, they encountered the newly cultivated farmlands and found them an excellent new habitat full of food in the form of wheat and water from irrigation. The massive flocks soon ate and spoiled the wheat crop and left gaping holes in fences that let in other pests, such as rabbits.

The soldier-farmers petitioned the government to save their livelihoods, and the government agreed to send military machine gunners to the area, so long as the farmers provided food and accommodation and paid for the ammunition. On November 2, 1932, the machine gunners declared their “war” on the unsuspecting emus.

## Available Clinics

Dermatology



Podiatry

Dental



Vision

Hearing



Psych

Residents must sign up with resident service coordinator, Renita Payne, to be added to the clinic list.

## Offering an Olive Branch



In 2019, the United Nations Educational, Scientific, and Cultural Organization (UNESCO) declared November 26 World Olive Tree Day. Why does the olive tree deserve such special treatment? The olive tree's symbolism dates back to ancient Greece. Poseidon, the god of the sea, and Athena, goddess of wisdom, both vied for possession of Athens. Poseidon struck the Acropolis and water ran out. Athena planted an olive tree. The gods granted Athens to Athena due to her superior gift, one that would sustain the people. Ever since, the olive tree—and especially its branches and leaves—have been considered dignified symbols of peace, fidelity, and strength.

## Lighting the Darkness

Diwali, India's fabulous "festival of lights," occurs on the night of the new moon during the Hindu month of Kartik, and this year falls on November 12. Diwali is the most important holiday of the Indian calendar. It is primarily a religious celebration for Hindus, Jains, and Sikhs, but it has become so popular that many other South Asian countries treat it as a national holiday.



Across India, Diwali is celebrated over five days, but the darkest night, the night of the new moon, is the main day of the festival. Families light small, clay lamps known as *diyas* to ward away evils associated with the darkness. Diyas, candles, and lanterns are arranged throughout the home, in the streets, in places of worship, and even floated on lakes and rivers. Some places set off bright explosions of fireworks in the night sky. Once the lamps are lit, families gather for fabulous feasts and prayers to Lakshmi, the Mother Goddess of good fortune and prosperity. To celebrate Diwali is to celebrate the triumph of light over darkness and good over evil.

Throughout India, there are many legends associated with Diwali. In the north, Diwali commemorates the return of King Rama to his kingdom of Ayodhya after 14 years of exile. To celebrate the king's return, his subjects lit lamps and decorated Ayodhya with rows of diyas, a practice reflected in modern Diwali celebrations.

In southern India, the story is told of Lord Krishna vanquishing the demon Narakasura with the help of his wife, Satyabhama. The demon had been granted immortality and could be slain only by his mother. Krishna knew this and asked his wife to accompany him to battle. It was Satyabhama, as an incarnation of Narakasura's mother, who felled the demon with an arrow. In western India, as in the south, Diwali is celebrated as the triumph of good over evil. Here, the festival marks the day that Lord Vishnu sent the selfish and vain King Bali to the netherworld. Despite these differences, no matter where you go, Diwali is marked with light and family.

## November Birthdays

In astrology, those born from November 1–21 are Scorpio's intense scorpions. Scorpions seek deep connections and nurture deep empathy and commitment. Those born from November 22–30 are Archers of Sagittarius. The Archers have a unique blend of passion, curiosity, and adaptability. Bold travelers, they are unafraid to explore and conquer new terrain.

### Resident Birthdays

Rebecca Bailey 11/2  
Gloria Riveria 11/6  
Marion Mathes 11/11  
Nancy Stein 11/14  
Norma Shullins 11/14  
Margaret McCorkle  
11/15  
Naomi Brown 11/26  
Harold Reniere 11/30

### Staff Birthdays

Martha Asfaw 11/1  
Genet Woldesemayat  
11/12  
Marta Gray 11/14  
Nelly Naupari 11/19  
Fely Tran 11/19  
Khalil-Khalid Vinson  
11/24  
Stephanie Escocoe 11/29

## Veterans Day

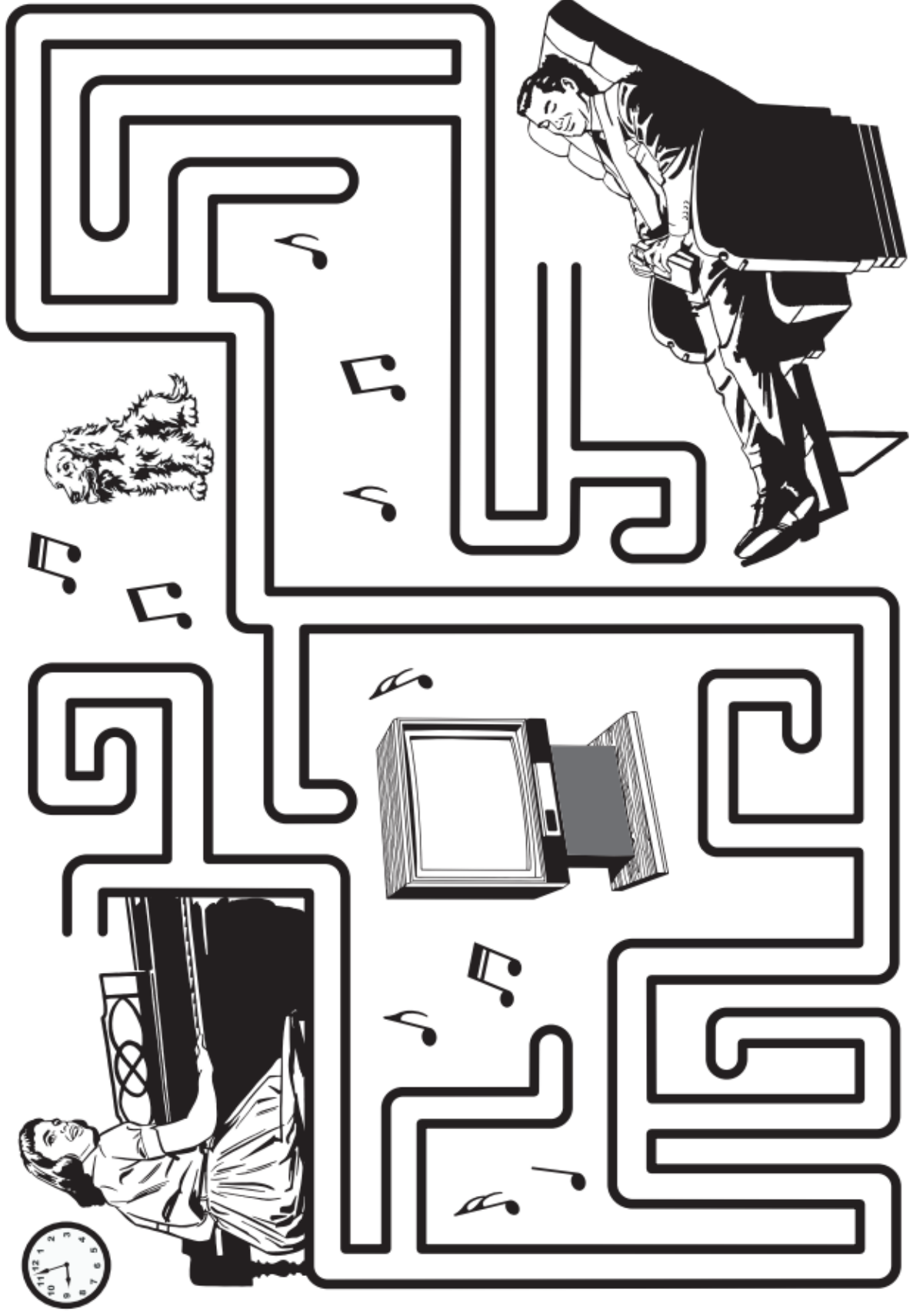
Veterans Day (originally known as Armistice Day) is a federal holiday in the United States observed annually on November 11, for honoring military veterans of the United States Armed Forces (who were discharged under conditions other than dishonorable). It coincides with other holidays including Armistice Day and Remembrance Day which are commemorated in other countries that mark the anniversary of the end of World War I. Major hostilities of World War I were formally ended at the 11th hour of the 11th day of the 11th month of 1918 when the Armistice with Germany went into effect. At the urging of major U.S. veteran organizations, Armistice Day was renamed Veterans Day in 1954. Veterans Day is distinct from Memorial Day, a U.S. public holiday in May. Veterans Day commemorated the service of all U.S. veterans, while Memorial Day honors those who have *died* while in military service.



# After Dinner

## Puzzle #2

Guide the music of the piano to the man reclining at the bottom of the page.





# Mini Word Sudoku Puzzles

Fill in the blank boxes so that each row, each column, and each 2 X 2 square contains the letters found in the secret word. Find the secret word hidden horizontally, vertically, diagonally, forward, or backward.

W			O
O			
			R
R			C

Puzzle #1  
Clue: Black bird

	R	N	
		B	
R	B	A	

Puzzle #2  
Clue: Farm shelter

S	T	N	A
N	A	T	S
T	S	A	N
A	N	S	T

Puzzle #3  
Clue: Picnic pests

N	S		E
		S	
	E		T

Puzzle #4  
Clue: Bird egg holder



Turn page  
upside  
down to  
see  
solution!

Puzzle #3

S	T	N	A
N	A	T	S
T	S	A	N
A	N	S	T

Puzzle #4

N	S	T	E
E	T	S	N
T	N	E	S
S	E	N	T

Puzzle #1

W	C	R	O
O	R	C	W
C	O	W	R
R	W	O	C

Puzzle #2

B	R	N	A
N	A	B	R
A	N	R	B
R	B	A	N

# Searching for November

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

S	C	A	C	O	R	N	C	H	R	J	J	D	C	Y
U	Y	H	Y	T	M	F	T	F	E	F	Q	C	H	A
I	S	W	I	U	A	N	M	C	H	H	X	S	R	D
R	U	Q	T	L	E	T	A	R	C	S	T	P	Y	N
A	O	U	X	V	L	S	C	O	R	P	I	O	S	O
T	A	N	E	T	O	Y	D	L	A	G	H	C	A	I
T	U	L	N	O	V	E	M	B	E	R	R	B	N	T
I	E	B	L	A	C	K	F	R	I	D	A	Y	T	C
G	N	O	I	P	R	O	C	S	X	V	N	U	H	E
A	T	H	A	N	K	S	G	I	V	I	N	G	E	L
S	W	Y	A	D	S	N	A	R	E	T	E	V	M	E
K	W	R	J	I	F	O	A	W	M	P	O	W	U	D
J	F	O	C	D	R	U	F	I	J	F	U	P	M	X
S	G	N	I	V	A	S	T	H	G	I	L	Y	A	D
Y	A	D	E	C	N	A	R	B	M	E	M	E	R	Z

ARCHER (Sagittarius)

AUTUMN

BLACK FRIDAY

CHILLY

CHRYSANTHEMUM

DAYLIGHT SAVINGS

ELECTION DAY

ELEVENTH



NOVEMBER

REMEMBRANCE DAY

SAGITTARIUS

SCORPIO

SCORPION (Scorpio)

THANKSGIVING

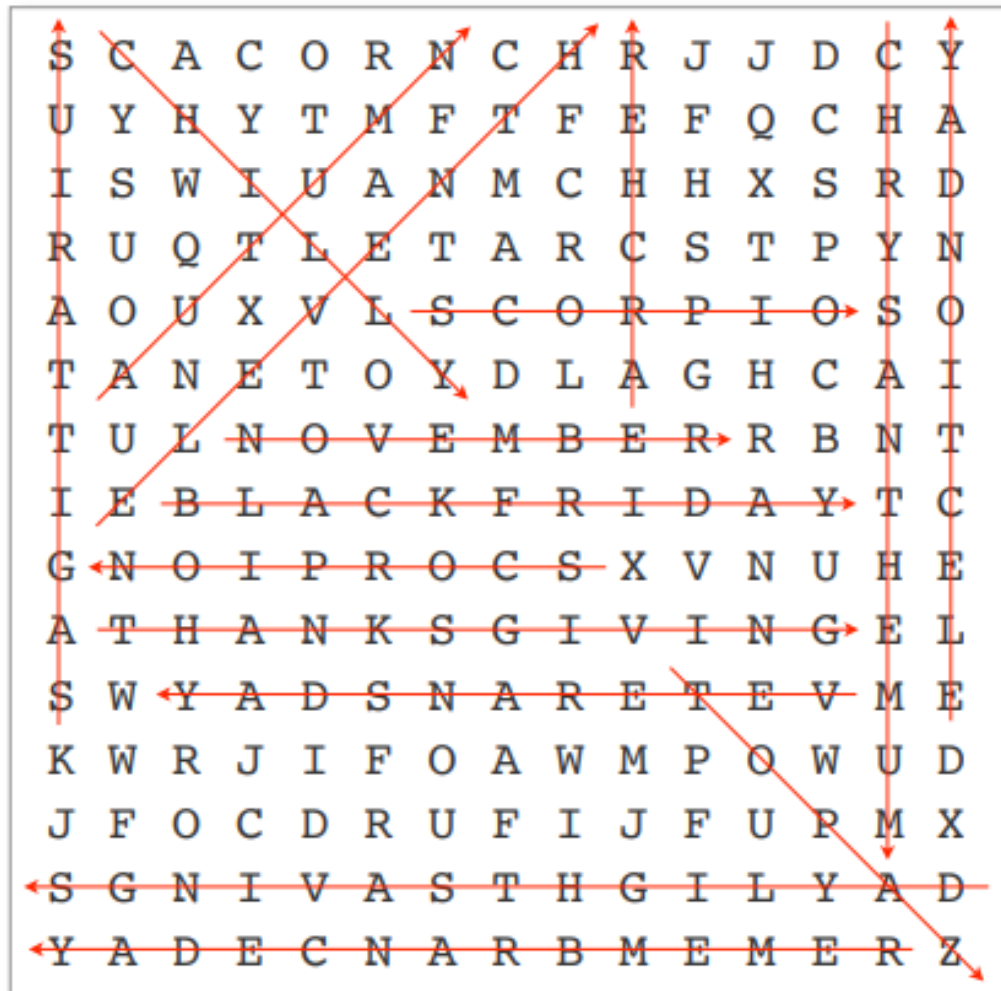
TOPAZ

VETERANS DAY



# Searching for November

(solution)



# Wacky Wordies

Each of the puzzles below provides a visual representation of a common word or phrase.  
Can you decipher the clues in each puzzle box?

**GASTILLME**

chance  
chance  
chance  
chance ↘

HAPPEN  
**IT**

*making*  
**making**

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

**PROFILE**

**VAD ERS**

disgublessingise

**E T N A**

5. \_\_\_\_\_

6. \_\_\_\_\_

7. \_\_\_\_\_

8. \_\_\_\_\_

my nose  
right

**Play Play**

11111  
12:20

*thankful*  
blessing blessing blessing

9. \_\_\_\_\_

10. \_\_\_\_\_

11. \_\_\_\_\_

12. \_\_\_\_\_

Solution: 1. Still in the game; 2. Last Chance; 3. Happen upon it; 4. Making ends meet; 5. Low profile; 6. Space invaders; 7. A blessing in disguise; 8. Ante up; 9. Right under my nose; 10. Double play; 11. Once upon a time; 12. Thankful for small blessings



# **Resident Snapshots**

## **October Birthday Celebration**



**Happy Birthday to our  
October residents!**

**Margaret Whalley**

**Lida Mead**

**Robert McLernon**

**Gerald Robbins**

**Janet Utmon**





Fun







## More Fun

