

Culpepper Garden Gazette

4435 N. Pershing Dr., Arlington, VA 22203 | (703) 528-0162 | www.culpeppergarden.org



Celebrating November

American Indian Heritage Month

Veterans Day (U.S.)
November 11

World Kindness Week
November 13–19

Apple Cider Day
November 18

Game & Puzzle Week
November 20–26

Thanksgiving Day (U.S.)
November 24

Administrator
Kimberly Brathwaite

Director of Nursing
Precious Tillman

Activity Director
Lisa Bowie

Service Coordinator
November Coates

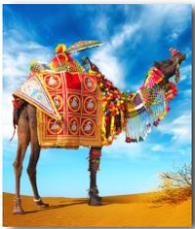


November Highlights

- November 2.....Travel to London with Foster
- November 8.....Painting with Merri Davis
- November 11.....Card Games with Bill & Laura
- November 11.....Veteran’s Day Tribute with Retired Navy Pilot Maura Quinn (Speaker)
- November 12.....Nail Painting with Members Of McLean Bible Church
- November 16.....Bundt Cakes and Apple Cider with Chef Ray
- November 17.....Tales & Travel to Nepal with Librarian Ruth Compton
- November 18.....Birthday Celebration
- November 24.....Thanksgiving Day
- November 30.....Resident Council Meeting

Camel Culture

Every November while the weather is cool before the long, heat of the desert summer, the city of Pushkar in Rajasthan, India, hosts the Pushkar Camel Fair, one of the largest livestock fairs in the world. It is an event of such cultural importance that 200,000 visitors attend each year.



The masses are greeted by thousands of camels. Camels, those great “ships of the desert,” are washed, shaved, and dressed in bright and beautiful cloth, jewelry, bells, and bangles. They are then paraded through

the streets and auctioned to the highest bidders. Not all the camels are sold, however. Many participate in Pushkar’s famous camel races, while the most beautiful camels compete in a beauty pageant.

Where the livestock auctions were once the sole focus of the fair, they are today a smaller part of a larger cultural extravaganza. Art exhibitions, a hot-air balloon show, a half-marathon, musical performances, a “longest mustache” and “bride and groom” competition (where couples are tested on their knowledge about each other) are the modern fair’s highlights. There are countless opportunities for tourists during the weeklong event.

The city of Pushkar is an attraction even without the Camel Fair. It is mentioned in the *Ramayana* and the *Mahabharata*, two Hindu texts of significance, and is therefore a holy pilgrimage site. The Camel Fair coincides with a practice known as the Holy Dip. Legend states that Lord Brahma the creator, searching for a site for the creation of the universe, dropped a lotus flower and it fell upon Pushkar. At the spot where it fell, a lake formed, the sacred lake of Pushkar. During the Camel Fair, thousands of pilgrims visit Pushkar Lake for a ceremonial bath that is believed to lead the bather to salvation. Whether you come for salvation, livestock, or immersion into the local culture, Pushkar’s Camel Fair is sure to leave an impression.

November Poem

Here’s to November
There’s a nip in the air
A sip of hot cocoa
Will warm your ears

Time to turn back the clocks
Put on warm socks
Go on a hayride, rake your leaves
Running through a corn maze
Will make you sneeze

Veterans Day
Thank a Vet
Honor the brave
May the red, white & blue always wave

Thanksgiving is here
All the family is near
Turkey, Dressing, Gravy & Pumpkin Pie
Sweet Potatoes, Cranberries
Kiss your diet goodbye!

Contributors: Rita B, Rosanne P, Russell S, Gloria L, Carol B, Sam B

Remember to Turn Your Clocks Back – Sunday, Nov. 6



Everyone outside of Arizona and Hawaii – two states where seasonal time shifts don’t occur, and haven’t since the 1960s – will turn their clocks back **by one hour at 2 a.m. on Sunday, November 6, 2022**. While sunsets will come earlier at this time, you can expect an even earlier sunrise as a payoff.

The First Thanksgiving

Most Americans are familiar with the story of the first Thanksgiving. The Pilgrims, struggling in the New World, formed an alliance with the local Wampanoag tribe. One man in particular, Squanto, taught the Pilgrims to farm local crops like squash and beans—lessons that allowed the Pilgrims to survive. At the time of the autumn harvest, the Pilgrims and the Wampanoag came together for a great feast of Thanksgiving, a feast that we reenact each year as a cherished national holiday.

This classic Thanksgiving tale of cooperation and goodwill is more fable than history. The events that led to the Thanksgiving feast are far more complicated. The Wampanoag had encountered European colonists since at least 1524, almost 100 years before the first Thanksgiving in 1621, and these encounters were far from friendly. Records show that colonists often kidnapped members of the Wampanoag and brought them back to Europe. The Wampanoag sometimes fought back, and other times attempted to negotiate with the colonists to increase their own power against their rivals. In 1616, a disease brought from Europe ravaged the New England tribes, decimating two-thirds of the Wampanoag population. Distrust of the Europeans was so high that any alliance with the colonists would have been entered as a last resort.

When Ousamequin (commonly called Massasoit) of the Wampanoag signed a peace treaty with the Pilgrims in March 1621, he did it grudgingly, believing that this was the only way to save his people from the neighboring Narragansett tribe. For the negotiations, Ousamequin enlisted the help of Tisquantum, whom we know as Squanto, a Wampanoag who had escaped from slavery and lived briefly in England before returning home in 1619. For all the tension and distrust between the Wampanoag and the colonists, one thing is certain: the treaty lasted for decades. The Pilgrims and Wampanoags enjoyed peace and prosperity for as long as the signers of the treaty lived.

Wrong or Right?

On November 29, as you enter the frantic holiday shopping season, don't be surprised if a store clerk tells you that you're wrong, for it is The Customer Is Wrong Day. This day was conceived as a day to empower store workers so that they would not be bullied by customers.

The saying "the customer is always right" was coined by Harry Gordon Selfridge, founder of the London-based department store Selfridges, in 1909 as a motto to emphasize the importance of good customer service. But is the customer always right? Some argue that following this advice might lead to poorer company performance. While customer complaints should always be heard, it does not make sense for a company to change its policies based on every customer complaint. Furthermore, employees might feel abandoned and become ineffective when a company sides with a customer. Perhaps it is best to remember that nobody is right all the time—not the customer, an employee, or even a manager.

You Can't Make This Up

Believe it or not, November 1 is International Men's Makeup Day. It's true—makeup is no longer the unique domain of women. Cosmetic companies have developed makeup products to help men look their best.



Just like women, men also suffer from skin blemishes, pimples, uneven skin tone, and sunspots, as well as typical nicks from shaving and unruly facial hair. Cosmetic companies have decided that it is high time they offer cosmetic solutions to these common problems, especially for men who want and need to look their best. It probably comes as no surprise that many of these products come with masculine names, such as Bro Mask, Guyliner, and Power Bronze.

Resident Spotlight



Johanna Ulmer

Jodie was born in Washington, DC but lived in Arlington. Her father was in the Army so her family moved around quite a bit. She went to high school in Tampa, FL and attended Middlebury College in VT where she received her degree in American Literature.

Jodie reared 4 children, many cats and dogs and 2 husbands! She worked doing various jobs that included a secretary, teacher aide, picture framer and even as a facility caretaker at an assisted living home in Ormond Beach, FL.

When she was a child she and her mother would come to Mr. Culpepper's farm, and she has many memories of him! She said that he was always walking slowly around his greenhouses and had a quiet, deliberate voice. He gave advice on soils for all plants and shrubbery and smiled when putting plants in a long box for her mother to take home in their car.

He handed out tomato seeds for free and only asked that they give him a tomato. He had a notebook where he entered their name and purchases and the name of the plant. "Always keep records" he told her when she asked about the notebook. She had no idea that Mr. Culpepper was a Botanist and PHD because to her he was just "Mr. Culpepper." She says that his manner and style taught her that when caring for people and plants, one must be gentle and focused. He would stoop down to her and gently pat the soil into pots and moved green hoses on the ground with his shoe, calmly and cheerfully. She shares that his manner and advice have helped her in her life before she came to reside at Culpepper Garden herself!

November Birthdays

In astrology, those born from November 1–21 are Scorpios. Scorpios cherish the truth and are not afraid to go to extraordinary lengths to uncover mysteries and get what they want. Those born from November 22–30 are Archers of Sagittarius. These Archers are philosophical seekers of knowledge who love traveling to new places to absorb new cultures.

Resident Birthdays

Rebecca Bailey.....	Nov. 8
Marion Mathes.....	Nov. 11
Nancy Stein.....	Nov. 14
Margaret McCorkle.....	Nov. 15
Norma Shullins.....	Nov. 15
Annie Garnett.....	Nov. 26
Harold Reniere.....	Nov. 30

Staff Birthdays

Genet Woldeselassie.....	Nov. 12
November Coates.....	Nov. 13
Nelly Naupari.....	Nov. 19
Fely Tran.....	Nov. 19

Pack Mentality



What does it take to invent a holiday? Perhaps if we follow the example of a seven-year-old from New Zealand, all it takes is imagination and goodwill. In 2018, a young boy invented a holiday called Wolfenoot, celebrated on November 23. On this day, the Spirit of the Wolf hides small gifts around the house (and is especially generous to those who love dogs and wolves). You eat roast meat (because wolves eat meat) and bake a cake that looks like a full moon.

From this small family celebration grew a movement to support animal conservation and wolf rescue organizations. Wolfenoot has become its own charitable organization, bestowing "Golden Paw" awards to charities that work with animals and children. One child's dream of kindness has turned into a worldwide movement.

October Events





