

April 2020

Culpepper Garden III

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Happenings of a Housewife

The “Unsinkable” *Titanic*



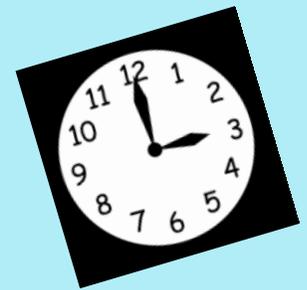
On March 31, 1911, nearly 100,000 people gathered on a dock in Belfast, Ireland, to watch the launch of the RMS *Titanic*, the largest and

most luxurious ocean liner ever built, a feat of engineering and a ship that many boasted was “unsinkable.” A little over a year later, on April 14, 1912, the unthinkable happened: On its maiden voyage, the mighty *Titanic* struck an iceberg and sank to the bottom of the Atlantic.

The *Titanic* was the most technologically advanced ship ever built. She had a double-plated bottom and 16 watertight compartments in the hull with doors that could close in case any were breached by water. For many, these innovations were a guarantee that the ship would stay afloat in any conditions. It also had a state-of-the-art electrical control panel and a wireless communications system that could transmit Morse code in the event of an emergency. None of these safeguards, however, could save the *Titanic* from her fate.

A mild winter had resulted in the north Atlantic being full of icebergs in April of 1912. There were many reports of floating bergs, but the crew of the *Titanic* paid them no mind. The 46,000-ton ship could reach a speed of 30 knots, making it not only the largest but also the fastest ship in the world. Captain E.J. Smith was speeding along at 22 knots when the iceberg was spotted, and while he was able to avoid a head-on collision, the iceberg struck the starboard side, ripping a gash in the hull that opened six of the 16 watertight compartments. Unfortunately, the ship’s design could withstand the flooding of only four compartments. An SOS signal was sent from the innovative new communications system, but another ship did not arrive for over three hours. By then, the *Titanic* had broken in half and sunk. Due to a shortage of lifeboats, many passengers perished in the frigid waters. Just 705 of the 2,206 on board survived, and the sinking of the *Titanic* became one of the worst lessons in overconfidence ever suffered by mankind.

For accurate Date,
Time, and Weather
of Arlington County,
you can call this
Toll-Free Number:
202-589-1212



Before Gatsby Was Great



On April 10, 1925, F. Scott Fitzgerald published *The Great Gatsby*. Fitzgerald’s tale of love and lavishness during the Roaring Twenties is today hailed as perhaps the greatest American novel, but when it was published, it was deemed mediocre at best. By 1925, F. Scott Fitzgerald was a fading literary star. Even he believed that his best books, *This Side of Paradise* and *The Beautiful and Damned*, were behind him. The initial reviews of *The Great Gatsby* weren’t flattering. It was called “unimportant” and “painfully forced,” and sold just 21,000 copies. When Fitzgerald died in 1940, he believed the book to be a failure. A year after his death, though, the book took off, and by 1945 it was considered one of Fitzgerald’s most successful works.

The “Surgeon’s Photograph”



On April 21, 1934, *The Daily Mail* newspaper published the “Surgeon’s Photograph,” a black-and-white photo snapped by London surgeon Kenneth Wilson that shows

the enormous neck and head of the Loch Ness monster plying the waters of the Scottish lake. Thanks to Wilson’s photo, the world became gripped with “Nessie” fever.

Although it was the most popular and exciting “evidence” of the Loch Ness monster, the Surgeon’s Photo was not the first historical mention of such a beast. A seventh-century biography of Saint Columba, an Irish missionary who brought Christianity to Scotland, tells of how St. Columba faced off with a monster at the Ness River that flows into Loch Ness. Columba, seeing the monster’s attempts to eat a man in the river, invoked the name of God, and the creature fled, never to be seen again. That is, until April of 1933 when a couple was traveling on a new road that had been paved alongside Loch Ness. From the roadway, the couple witnessed “an enormous animal plunging and rolling on the surface” of the loch. Their story hit the newspapers, and news of the monster spread. The Surgeon’s Photograph was published a year later, heightening the rumors of a magnificent creature lurking the depths of the lake.

In 1994, after 60 years and countless expeditions to Loch Ness, the photo was revealed to be a hoax. The Surgeon’s Photograph was not a picture of a fantastic beast but of a toy submarine affixed with a plastic sea serpent’s head. Of course, revelations that the Surgeon’s Photograph was a fake have not dimmed the enthusiasm of Nessie’s believers. Indeed, as recently as September of 2019, scientists were still searching for evidence of Nessie. DNA was collected from Loch Ness, and although 3,000 different types of species were identified—including fish, pigs, deer, birds, humans, and bacteria—no DNA matching a giant reptile or aquatic dinosaur was found.

On All Fours

April 4, or 4/4, is the perfect day to commemorate the famous Jeep 4x4, a car beloved by so many. The history of the Jeep began in 1941, when Willys-Overland Motors of Toledo, Ohio, was contracted by the U.S. military to build nimble and tough off-road vehicles for wartime. Known as the Willys MB, the first jeeps were light enough to be pulled from the mud yet strong enough to haul military weaponry. The cars could ford rivers and climb hills. The jeeps were even used as battlefield ambulances. No one knows for certain the origin of the name “jeep.” Some think it was shorthand for “general purpose,” or GP, vehicles. Others say it came from the popular Eugene the Jeep character from the *Popeye* comic strip. By the end of World War II, Jeeps would endure a rocky transition to civilian life. Over the decades, the Jeep brand moved from bankrupt auto company to bankrupt auto company, giving rise to the infamous “Jeep curse.” Yet Jeeps have always retained their fanbase, and sales remain strong. The Jeep proves as resilient in the suburbs as it once did on the battlefield.

The Flying Debutante



Ruth Rowland Nichols was a pioneer of aviation during the 1920s and '30s, setting world records for speed, altitude, and distance. She received her pilot’s license in 1924 after graduating from Wellesley College, becoming the first woman to receive such a license

in the state of New York. It was on April 13, 1931, that Nichols established perhaps her most daring record of all. Flying a state-of-the-art 1928 Lockheed Model 5 Vega Special at a three-kilometer course in Carlton, Minnesota, she recorded a speed of 210.64 mph, a new world record. For her prowess in the cockpit, Nichols was dubbed “The Flying Debutante.” Her Lockheed Vega is on display today at the Smithsonian’s Air and Space Museum.

From the Office

If you have medications, prescriptions and/or over-the-counter such as Tylenol, aspirin, stool softeners, etc.. in your apartment, they must be in a secured place and not out on the counter, table or night stand.

PLEASE LOCK YOUR DOOR

We need to know all meds that you bring into your apartment. Please do not carry medications around in wheeled walkers(NO PRESCRIPTIONS OR OTC'S)



Bedtime and between meal snacks are available for all residents desiring them,

or in accordance with their physicians or other

Prescribers orders. The snacks will be offered on the 3rd floor.

RESIDENT FIRE PLAN

&

WHAT YOU NEED TO KNOW

1. In case of fire in your apartment, go into the hall and pull the fire alarm downward.
2. When you are in your apartment and the fire alarm rings,
 - Stay in your apartment, keep the door closed, put a wet towel at the bottom of the door to keep the smoke out.
 - If you wish, and are able to do so, you, may proceed to the exit door by the laundry room, and exit into the independent living wing.

We ask that Assisted Living residents stay in their apartments and staff will assist if needed.

Note: - Do not use the elevator.

- Do not use the emergency cord.

Fire Drills

Fire drills are mandatory per state regulations and must be done on as monthly basis during the day and /or night. If there is a real fire, staff will alert you. Follow the instructions on the back of your door and be sure to stay in your apartment with windows and doors closed.

Britain's Great "Bulldog"

On April 9, 1963, Winston Churchill was made an honorary citizen of the United States, which is why that day has ever since been celebrated as Winston Churchill Day.



Winston Churchill has been hailed as one of the greatest statesmen of the 20th century. He was born into an aristocratic family to a father descended of British politicians and a mother who was heiress to an American

fortune. Winston, though, did not want to live an easy life of luxury. After military school, he traveled throughout the British Empire as a soldier and journalist, finally returning to England to begin his career in politics in 1900. He started as a conservative but suddenly shifted to the liberals, championing progressive causes such as the eight-hour workday, a government-mandated minimum wage, and a system of public health insurance. Years later, however, in the face of the rise of German nationalism and the Nazis, Churchill returned to the conservatives. In May of 1940 after Hitler invaded Poland, Winston Churchill was elected prime minister of England and vowed to guide Britain through the war.

Victory in World War II was not easy. As the Nazis bombed London, Churchill convinced the Americans to support the Allied war effort. Churchill's efforts were not in vain, and Germany finally surrendered in 1945. Churchill had earned the nickname the "British Bulldog" for epitomizing the unrelenting courage and tenacity of Britain's favorite pet. After the war, Churchill still had work to finish. He was elected prime minister again in 1951, won a Nobel Prize in Literature in 1953, and was knighted by Queen Elizabeth II in 1963. While Winston Churchill was far from perfect—he suffered political and military defeats, struggled with mental illness, and made controversial remarks regarding race and class—he dedicated his life to his country, and for that he received the honor of a state funeral in 1965, despite not being a member of the royal family.

April Birthdays

In astrology, those born between April 1–19 are the Rams of Aries. As the first sign of the zodiac, Aries like to be number one. Bold, courageous, passionate, and somewhat impulsive, Rams dive headfirst into the most challenging situations. Those born between April 20–30 are the Bulls of Taurus. Bulls not only work hard with a determined and tireless manner but they also enjoy the payoff, rewarding themselves for a job well done. These stable and reliable types won't finish the job until they are completely satisfied.

Washington Irving (writer) – April 3, 1783
Maya Angelou (writer) – April 4, 1928
Booker T. Washington (leader) – April 5, 1856
Billie Holiday (singer) – April 7, 1915
Joseph Pulitzer (journalist) – April 10, 1847
Charlie Chaplin (actor) – April 16, 1889
Charlotte Brontë (writer) – April 21, 1816
John Muir (naturalist) – April 21, 1838
Ella Fitzgerald (singer) – April 25, 1917
Harper Lee (writer) – April 28, 1926
Duke Ellington (composer) – April 29, 1899

April Birthdays

Kathleen Bell – April 1st
Sarah Mayhew – April 2nd
Royann McDowell – April 14th
Maria Gonzales – April 17th
Greta Lahr- April 19th
Esther Bailey – April 27th
Brenda Breneman – April 27th



Resident Council

We are still interested in starting up a Resident Council, but need volunteers to lead. If interested in the three positions: President, Vice President, or Secretary, please see Mary Van Wie. Until we can set up a new council, Mary Van Wie, our administrator, will hold a quarterly meeting.



March Birthdays



NINA BURKE- MARCH 5TH



WALTERENE PRUCNAL- MARCH 21ST



LINDA FERNEKES- MARCH 22ND



EMIKO TAKEUCHI- MARCH 30TH



JAMES DALEY- MARCH 31ST

SHAMROCKIN' SOCIAL



Coronavirus Update April 2020

As many of you know about the ongoing Coronavirus pandemic, Culpepper Garden is here to reassure you that we are taking great precaution in keeping everyone safe and healthy! Just a couple friendly reminders to keep in mind for the upcoming time.

-Please practice social distancing, stay at least 6ft away from others.

-There is a limit of 5 people for our common area (living room) all, expected to keep a distance of at least 6ft from one another.

-NO VISITORS! This includes, family, outside healthworkers etc. This will allow us to be in a safer, and more controlled environment!

-Please have family drop off necessities, mail, etc. at the front desk. It will be delivered to you and brought onto CGIII by staff.

-Continue to wash your hands!

-If you are feeling sick, please notify the staff!

-If you need any supplies, books, movies, crosswords, coloring pages, etc. To keep you busy! Please contact me, Laura the Activities Director at 703-276-2305 or email at lorihuela@culpeppergarden.org I will do my very best to supply you with all you need to stay busy during this time! 😊

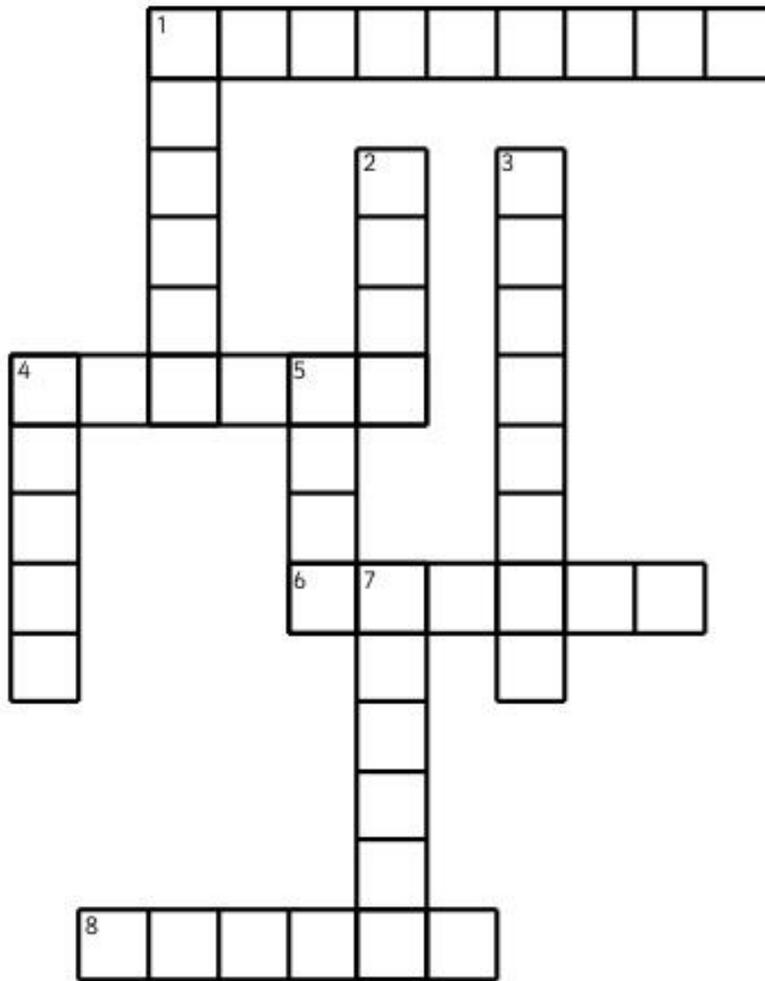
-Facetime and skype videocalls are being done! Please contact me to schedule a call and we will make that happen!



Easter Crossword



Solve the crossword using the list of words and the clues



- basket
- bonnet
- bunny
- chicks
- chocolate
- daffodil
- eggs
- hunt
- parade
- spring

Across

1. Easter eggs are often made out of this treat!
4. Collect your eggs in this.
6. The season in which Easter is celebrated.
8. You may wear one in the Easter parade.

Down

1. These hatch out of real eggs.
2. You may go on an Easter egg ...
3. Cheerful, yellow spring flower.
4. Will he visit you this year?
5. We give chocolate ones at Easter.
7. Show off your Easter bonnet at one!

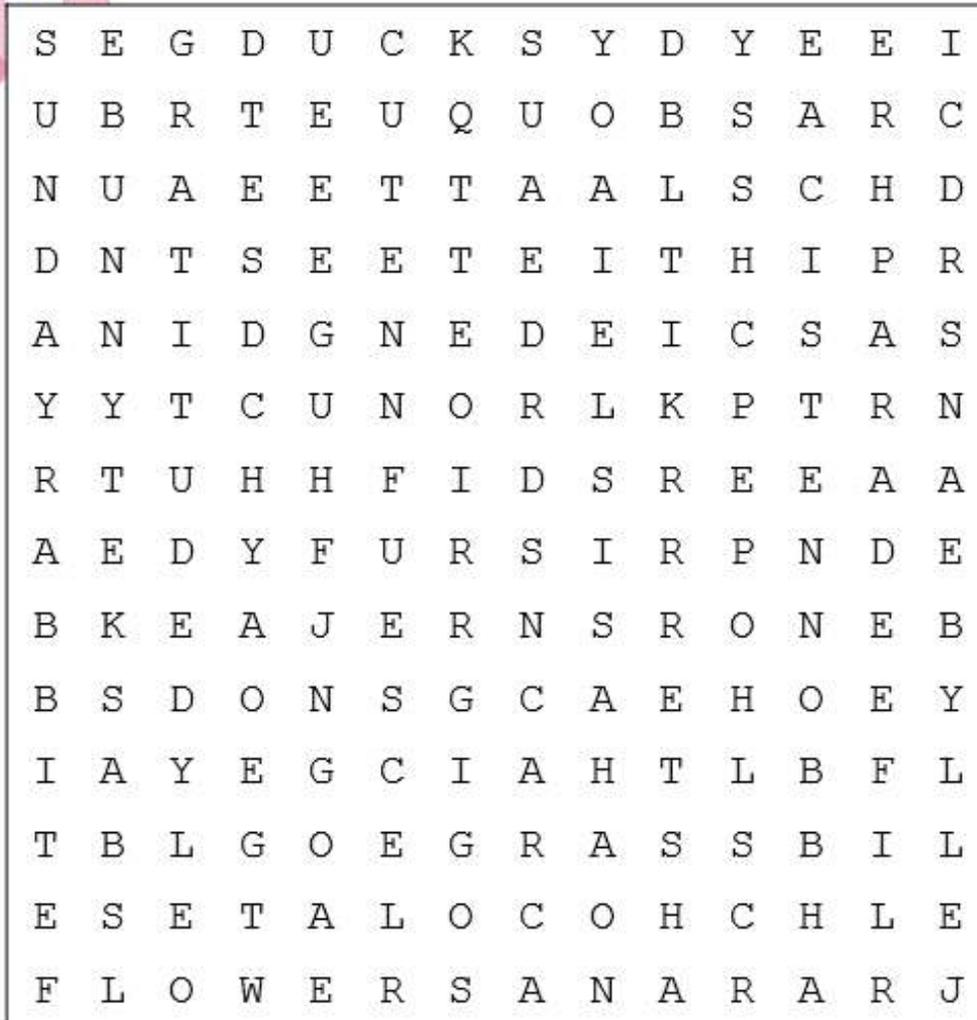






Easter Sunday

Sunday following the first
full moon after the Spring equinox



BASKET
BLESSINGS
BONNET
BOUQUET
BUNNY
CHICKS
CHILDREN
CHOCOLATES
CHURCH

DAFFODILS
DUCKS
DYE
EASTER
EGGS
FLOWERS
GRASS
GRATITUDE
HOPE

HUNT
JELLYBEANS
JOY
LIFE
PARADE
RABBIT
SPRING
SUNDAY



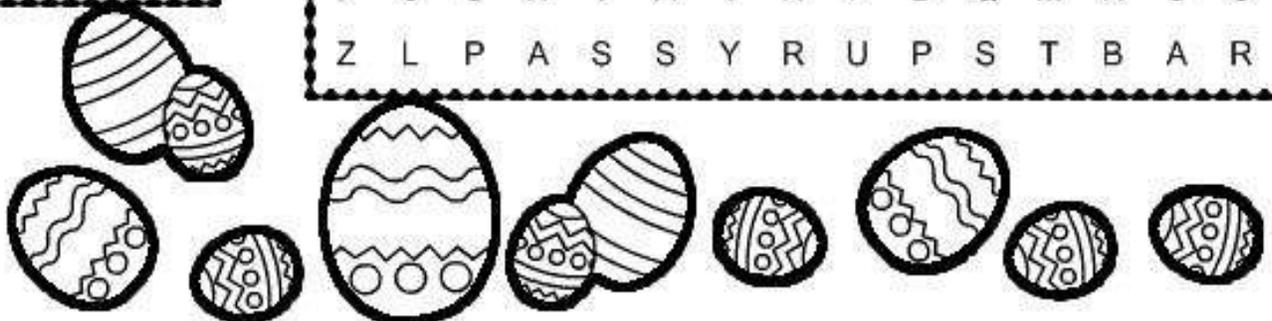


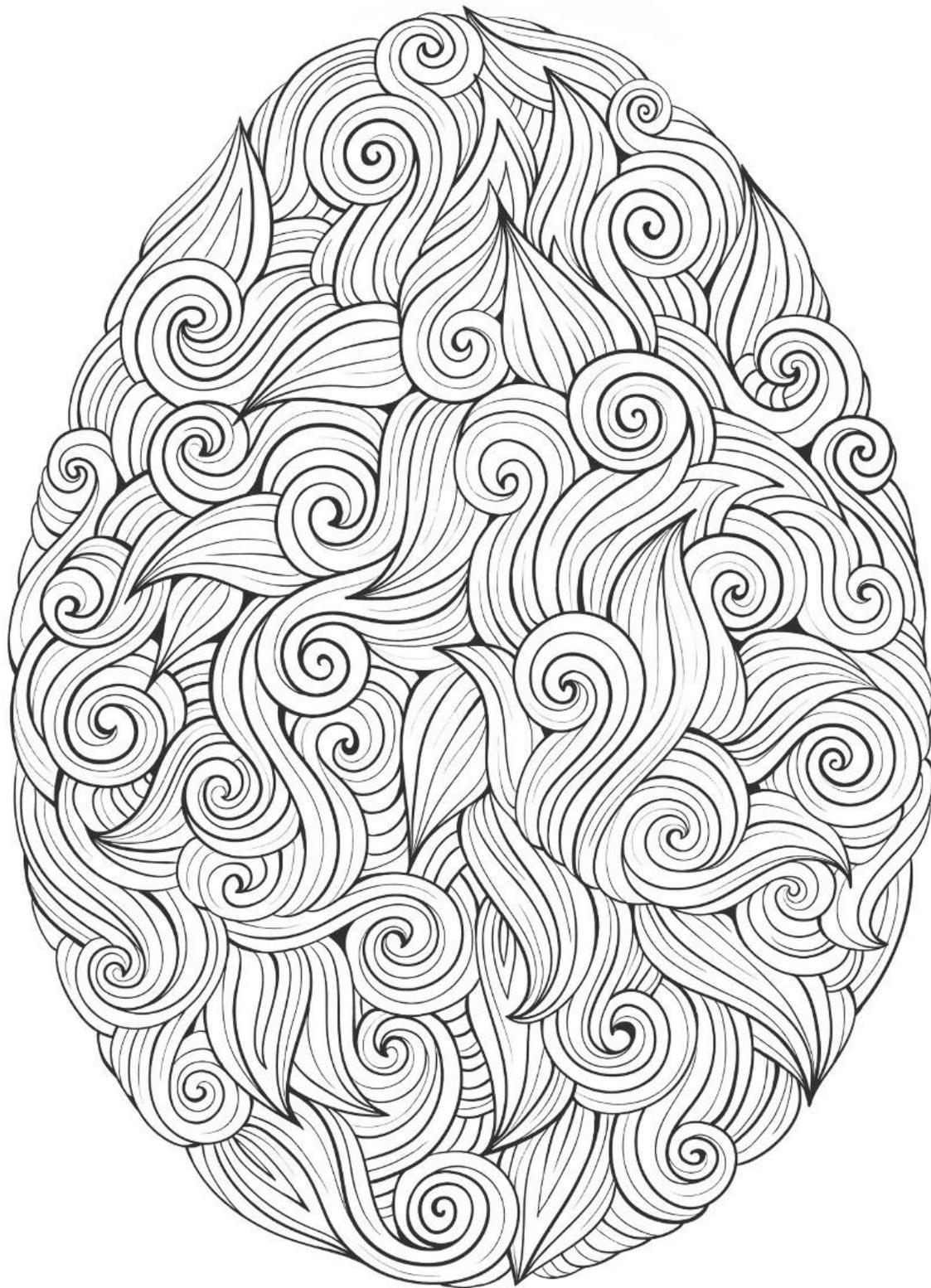
CHOCOLATE WORD SEARCH

Chocolate bunnies may be popular during Easter Holidays, but there are many more kinds of chocolate delights that people enjoy all year 'round. Search the puzzle below to find twenty-one chocolate treats!

CHOCOLATE WORD LIST

BAR
BUNNY
CAKE
CANDY
CHIPS
COOKIES
DROPS
EGGS
FONDUE
FOUNTAIN
FUDGE
ICECREAM
MILK
PIE
PRETZELS
SAUCE
SPRINKLES
SYRUP
TART
TRUFFLE
WAFERS

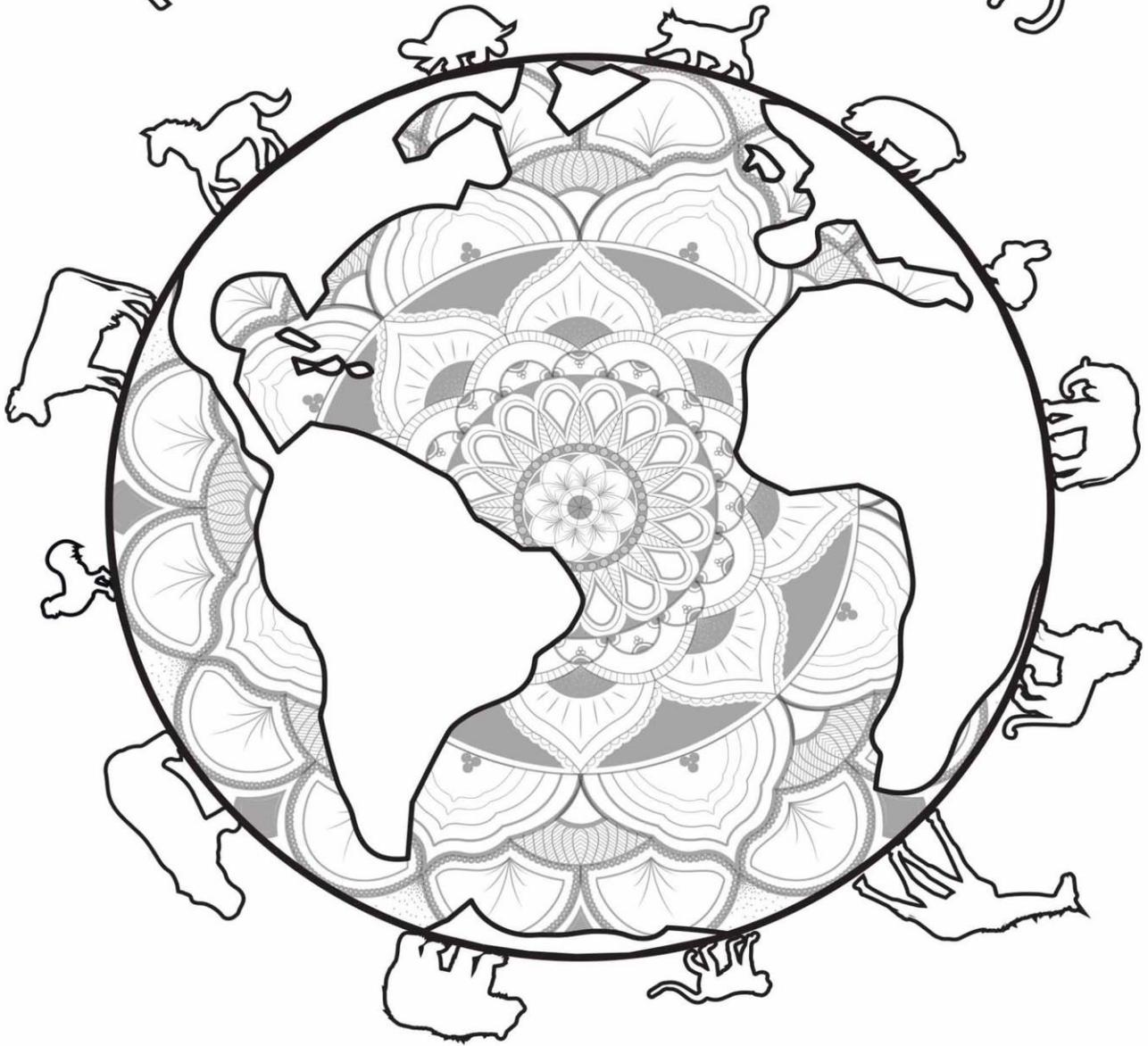




Happy Easter!

Just Color

NEVER FORGET, EARTH IS



OUR ONLY HOME